

## DEBUNKED - PART 1: UNFORGIVEABLE

SUNDAY, AUGUST 7, 2022

*Everyone carries hurts from the attitudes, actions, and decisions of others. In other words, everyone's been wounded by someone else. The perspective we tend to hold is to unforgivingly hold on to what we deem to be unforgivable. But that's not what Jesus said! In fact, he said the exact opposite, and when we do what Jesus said we will discover that forgiveness is freeing (even when we do not realize we are the prisoner).*

### READ MATTHEW 5:21-44; 6: 14-15

- What is something you have said or has been said to you that wasn't meant?
- What is something Jesus said that you have been confused about what he meant?
- Do you agree that forgiveness is an important part of relationships? Why or why not?
- Do you agree that forgiveness is an important part of relationship with God? Why or why not?
- Why do you think Jesus said to leave your sacrifice and go be reconciled with someone?
- How do broken relationships with others create a barrier in relationship with God?
- How do you feel about the "if you forgive others, God will forgive you" statement made by Jesus?
- When Jesus refers to God as "our heavenly Father" how might that connect to forgiveness among/between God's children?
- What are some ways unforgiveness can become like a prison in which we hold ourselves?
- What are some ways that forgiveness unlocks the door and is freeing for us?
- What does it mean to you that Jesus did not say "forgive and forget" but rather to not hold a grudge?
- What next step will you take to forgive and be forgiven?

**FORGIVENESS IS FREEING!**