

RELATIONSHIPS IN FOCUS – PART 3: DISTRACTED FOCUS

SUNDAY, MARCH 6, 2022

Nobody sets out to have unhealthy relationships. But sometimes before we know it, things enter into our relationships that distract us. We never set out for them to be part of the relationship, but we were tempted and enticed in the direction of the distraction. We all experience temptations that distract us from the kind of relationships God desires for us. Fortunately, God loves us enough to give us a way to stand firm in the midst of distracting temptations.

READ 1 CORINTHIANS 10:1-33

- Have you ever heard of or had a “squirrel moment”?
- Why do you think it is so easy to get distracted?
- Why do you think Israel got distracted from God even when he had done so much for them?
- What are some things that can distract you from God and healthy, God-honoring relationships?
- What are some things that you might want to do that aren’t good for you or beneficial?
- Do you agree that God will provide a way out when we are tempted/distracted? Why or why not?
- How can looking back and learning lessons from our history and others provide a way out of temptations?
- How can looking ahead and playing decisions out in the future provide a way out of temptations?
- How can looking around at our relationships with others provide a way out of temptations?
- Why do you think temptations/distractions rarely announce themselves and often come in vulnerable areas of life?
- What next step will you take to identify vulnerable areas in your life and put in place the necessary safeguards to keep from being distracted?

DISTRACTIONS CAN DISTRACT US FROM HEALTHY RELATIONSHIPS