

## RELATIONSHIPS IN FOCUS – PART 2: ONE FOCUS

SUNDAY, FEBRUARY 27, 2022

*In relationships it is sometimes easy to become divided – but divided relationships are rarely healthy. Relationships that are healthy are marked with unity, two people heading the same direction for the same purposes. When we choose the relationships that will most deeply mark our relational world, they should be ones that are unified in purpose and values.*

### READ EPHESIANS 4:1-6

- What are some tensions, stresses and conflicts you've experienced in relationships?
- How do tensions, stresses and conflicts distract our focus in relationships?
- How do tensions, stresses and conflicts detour the path to healthy, God-honoring relationships?
- What would you say it means to be called by God?
- What would you say it means to live a called-by-God worthy life?
- How do things like humility, gentleness, patience, grace and love lead to healthy, God-honoring relationships?
- Which of the previous do you do well? Which of the previous do you find most challenging?
- Why do you think we find these things most challenging with those we say we love most?
- What do you think it means to be united in the Spirit? Why is it important to be united in relationship by/with/to something bigger than ourselves?
- What are some ways being united lead to peace in relationships?
- How does God demonstrate or exemplify unity? What about the unity of God might be worth focusing relationships on?
- How does one focus impact all areas of life, including relationships?
- What next step will you take to make God's design and purpose the one focus of your life (including your relationships)?

## HEALTHY RELATIONSHIPS HAVE ONE FOCUS