

## MAKE IT FUN – PART 3: TIME TO CELEBRATE SUNDAY, SEPTEMBER 26, 2021

*The Jewish people had 7 different mandatory times of celebration and feasting – but somewhere along the way celebration and feasting gets swallowed up by the anxieties, tensions, stresses and challenges of life. Sometimes we need permission to lighten up & celebrate – and sometimes that starts with understanding God, what he’s done for us, and what he desires for us.*

### READ NEHEMIAH 8:1-10

- Why is celebration (fun) so important to make a part of the routine and rhythm of life?
- How did the 7 feasts of Israel serve as reminders of God’s role with and for the nation?
- What are some ways life swallows up fun and joy?
- Why do we tend to view rules (law) as restrictive of rather than promoting of fun?
- What are some of God’s “rules” you might misunderstand or lack understanding of altogether?
- Why did the Israelites ask for the Book of the Law of Moses to be read to them?
- What do you think Nehemiah meant when he equated the day as sacred and a day for celebration?
- What do you think the phrase, “the joy of the Lord is your strength” means?
- What are some ways fun might be an extension of the joy of the Lord?
- What next step will you take to make fun a routine and rhythm in your life?

### LIGHTEN UP & CELEBRATE!