

staying in love – part 3: more than a feeling sunday, february 21, 2021

How can two people stand at an altar and swear they will love each other until “death do us part” and then just a few years later have all of it change? How can the person we wanted most to be around become the person we can’t stand to be around? Let’s expose a common myth, discover the true problem, but even more importantly how to stay in love after “I do.”

- What are some cues from our culture that make staying in love challenging (and maybe even not seem like the preferred option)?

read proverbs 4:23

- Do you agree with Solomon that the most important thing is to guard our hearts? Why or why not?
- Even if you disagree, what are some reasons Solomon might place such value on guarding our hearts?
- In what ways is it easier to monitor the behavior of others than it is to guard the condition of our hearts?
- Do you agree that everything we do flows from our hearts? Why or why not?
- If it’s practically impossible to address what’s going on inside of us without identifying what’s going on inside of us, why is it important to pause and identify what’s going on inside of us?
- In what ways has you speaking or acting too quickly led to regret and damaged relationships?
- Do you agree that God wants you to love and be loved for the long haul more than anyone else? Why or why not?
- How does Jesus, why he came and what he did, express God’s love to and for you?
- What next step will you take to guard your heart above all else?

pay attention to what’s going on inside of you