

LIFE APPS - PART 6: WHAT'S IN THE GAP?

SUNDAY, NOVEMBER 1, 2020

In every relationship there are unexplainable gaps between what we expect people to do and what they actually do. We choose how we fill that gap. In healthy, God-honoring relationships we can fill the gap with trust. In unhealthy relationships, we fill the gap with suspicion. Trust is absolutely necessary in healthy relationships.

READ 1 CORINTHIANS 13:4-7

- When is a time when trust has been broken in one of your relationships?
- Why does it take so long to build trust but it can be lost in a moment?
- Why is it so challenging to restore trust when it's been broken?
- How would you describe what the different "love is" statements look like in relationship action?
- Why is it so easy to keep a record of wrongs? How does this impact the level of trust in relationships?
- Why is it so easy to look for what's wrong with things and/or people? In what ways is it better in relationships to catch what people are doing right?
- How would you describe love that protects, hopes and perseveres?
- Do you agree every relationship experiences a gap between expectations and experience? Why or why not?
- Do you agree we choose what we fill the expectation/experience gap with? Why or why not?
- Do you tend to fill the gap with trust or distrust? Why do you think that is?
- Do you agree that trust is absolutely necessary for healthy relationships? Why or why not?
- What next step will you take to make trust a part of your relationship with God and others?

TRUST IS ABSOLUTELY NECESSARY FOR HEALTHY RELATIONSHIPS